

## FIVE DAY INTRODUCTION TO PALLIATIVE CARE

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00- 8.30a.m	Registration and Introduction session	<b>Report on previous day</b>	<b>Report on previous day</b>	<b>Report on previous day</b>	<b>Report on previous day</b>
8:30- 9.00a.m	Pre Training Questionnaire	Pain assessment in adults	Management of other Symptom 1	You can give end of life care including ethical issues	Caring for carers (HP)
9.00 – 10.30	What is palliative care	Pain control in adults	Management of other Symptom 1		You can tell others
10.30- 11.00 a.m	<b>Break Tea</b>	<b>Break Tea</b>	<b>Break Tea</b>		
11.00am – 1.00pm	Palliative care in your own setting Different models	Pain in children (Holistic assessment)	Other symptom management (cont'd)	You can give bereavement support 1 (adults)	Raising awareness
<b>1:00 – 2.00pm</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>		
2.00 -3.00pm	You can build a team Team work	Myths surrounding morphine use	Common Palliative care emergencies	You can give bereavement support 1 (children)	End of course Test
3.00 – 5.00	Communication skills and role plays	You can use morphine (indications, SE, dosing and conversion)	You can break bad news as well Role plays	Spiritual support	<b>Way forward on implementation</b>