



INTERN LOGBOOK

1. Personal Details of Intern

- ❖ Name
- ❖ Date commencement (DD/MM/YY)
- ❖ RMDC Provisional License No.....
- ❖ Internship Center
- ❖ Department:

2. Requirements for the rotation (See Annex)

3. Portfolio

Date	Patient ID	procedure	Observed/assisted (a)	Done under supervision	Done independently (p)	Remarks (outcome)	Supervisor observation

Annex: Requirements for the rotation

1. SURGERY ROTATION PROCEDURE

Basic requirements for an intern in the Department of Surgery

Generally, an intern should:

- i. Be able to clerk, investigate and present patients during ward rounds.
- ii. Be able to adequately prepare patients undergoing various surgical procedures
- iii. Be able to follow up patients after surgery till discharge and be able to write a proper discharge summary
- iv. Participate in daily ward rounds; attend theatres, Surgical Out Patient Clinics (SOPC).
- v. Must attend weekly departmental CMEs.

In addition to the above, at the end of the rotation one is expected to have participated in the following procedures

General surgery

	PROCEDURE	No of cases required	No of cases	Assisted	SUPERVISORS
1	Surgical toilet	10(p)			
2	Suturing of wounds	10(p)			
3	Incision and drainage of abscess	10(p)			
4	Insertion of chest tubes	5(p)			
5	Removal of stitches	10(p)			
6	Appendicectomy	2(a)			
7	Repair of inguinal hernias	5(a)			
8	Exploratory laparotomies	5(a)			
9	Incision biopsy	5(p)			
10	Excision of lumps	5(p)			
12	Haemorrhoidectomy	5(a)			
13	Assist in gut anastomosis	2(a)			
14	Colostomy fashioning	2(a)			

15	Closure of colostomies	2(a)			
17	Male urethral catheterization	10(p)			
18	Suprapubic catheterization	5(p)			
19	Hydrocelectomy	2(a)			
21	Circumcision	10(p)			
24	Epistaxis management	3(a)			
26	Performance of abdominal US	10(p)			
27	Observation of postmortem	1(a)			
28	Expertise medical legal	10p			

Optimal Procedures in General surgery

	PROCEDURES	No of cases	supervisor
1	proctoscopy		
2	Tracheostomy		
3	Skin graft		
4	Endotracheal intubation		
5	Thyroidectomy		
6			
7			

Orthopedic Surgery and Trauma (DONE AS THE PRIMARY)

	PROCEDURE	NUMBER OF CASES REQUIRED	NUMBER OF CASES DONE	REMARKS BY SUPERVISOR
1	Splinting of lower limb fractures	(10)p		
2	Splinting of upper limb fractures	(10)p		
3	Application of plaster of Paris(POP) upper Limb	(10)p		
4	Application of plaster of Paris(POP) lower Limb	(10)p		
5	Closed reduction	3(p)		
6	Skin traction			

Optimal procedure in Orthopedic

	PROCEDURE	NUMBER OF CASES REQUIRED	REMARKS BY THE SUPERVISOR
1	Any paediatric surgical procedure		
2	Transtibial traction		
3	ORIF		
4			
5	OREF		
6			
7			
8			
9			

1. OBSTETRICS AND GYNAECOLOGY

OBJECTIVES:

The medical officer intern rotating in the Department of Obstetrics and Gynaecology is required to fill in the log book as part of the requirement for successfully completing the rotation.

Basic requirements for an intern in the Department of Obstetrics and Gynaecology

Generally an intern should:

- i. Be able to clerk, investigate and present patients during ward rounds.
- ii. Be able to adequately prepare patients undergoing various surgical procedures
- iii. Be able to follow up patients after surgery till discharge and be able to write a proper discharge summary
- iv. Be able to present patients during the ward rounds and also attend theatres
- v. Must attend weekly departmental CMEs. Should be assigned a topic presentation once per month

In addition to the above, at the end of the rotation one is expected to have participated in the following procedures

A. OBSTETRICS

It is expected to monitor labour by use of a partogram

NO.	PROCEDURE	NUMBER OF CASES REQUIRED	NUMBER OF CASES DONE	SUPERVISORS COMMENTS
1.	Normal delivery	20p		
2.	Episiotomy / Repair	10(p)		
3.	Examination under Anaesthesia for PPH – 3	5(a)		
4.	Delivery by Caeserian Section	30p		
5.	Delivery of patient by Vacuum Extraction	3(p)		
7.	Be able to clerk, investigate and manage patient with Pre-eclampsia – 3 Eclampsia – 2 during admission Pregnant patient with HIV	5(p)		
8.	Obstetric ultrasound	10p		
9.	GBV	3P		

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GYNECOLOGY

NO.	PROCEDURE	NUMBER OF CASES REQUIRED	NUMBER OF CASES DONE	SUPERVISORS COMMENTS
1	Suction Curettage (MVA)	5P		
2	Marsupialization for Bartholinis abscess	3p		
3	Laparotomy for ectopic pregnancy	5p		
4	Ovarian cystectomy	3a		
5	Laparotomy for ectopic pregnancy	5p		
6	Ovarian Cystectomy	3a		
7	Delivery of multiple pregnancies	2p		
8	Ballon tamponade for PPH	2p		
9	Postmortem care/Autopsy	2p		

ASSISTED IN THE FOLLOWING PROCEDURES

NO.	PROCEDURE	NUMBER OF CASES REQUIRED	NUMBER OF CASES DONE	SUPERVISORS COMMENTS
1.	Tubal surgery	5(a)		
2.	Exploratory laparotomy	5(a)		
4.	Total abdominal hysterectomy	5(a)		
5.	Vaginal hysterectomy	3(a)		
6.	Myomectomy	5(a)		
7.	Observe a postmortem	1(a)		

2. PAEDIATRICS

OBJECTIVES:

The medical officer intern rotating in the Department of Paediatrics is required to fill in the log book as part of the requirement for successfully completing the rotation.

Basic requirements for an intern in the Department of Paediatrics

Generally an intern should:

- vi. Be able to clerk, investigate and present patients during ward rounds.
- vii. Be able to adequately prepare patients undergoing various surgical procedures
recommened
- viii. Must attend weekly departmental CMEs.

- ix. An intern should have a topic for presentation once monthly

- x. Approach to a critical ill child (malaria, respiratory distress, malnutrition , convulsions
dehydration and shock.HF)

In addition to the above, at the end of the rotation one is expected to have participated in the following procedures

	Procedure	Number of cases required	observation	Supervision
1	Lumbar Punctures	10p		
2	IV Cannulation	50p		
3	NG Tube insertion	20p		
4	Urinary catheterization	5p		
5	Topics presentations	3p	- -	
6	Pleural taps	2p		
7	Blood transfusion	10p		
8	Ascitic taps	2p		
9	Intraosseous insertion	3p		
10	Pediatric Ressuscitation	3p		
11	Malaria severe	10P		
12	shock	2P		
13	Dehydration	10P		
14	Pneumonia	5P		
15	Bronchiolitis	5P		
16	Asthma	5P		
17	Croup	2P		
18	meningitis	5P		
19	malnutrition	5P		
20	HF	2P		

Neonatology

	Procedures and cases management	Number of cases required	observation	Supervision
1	NGT	10p		

2	LP	2P		
3	IV canulation	15P		
4	intraosseous	2p		
5	phototherapy	5p		
6	KMC initiation	10p		
7	Feeding and Iv fluid mgt of new born	20p		
8	New born rescitation	5p		
9	Management of neonatal sepsis	5p		
10	Hypoglycemia	5P		
11	Convulsion	5P		
12	Anemia	5P		
13	Birth Asphyxia	5P		
14	RDS in new born	5P		
15	CPAP	10P		
16	OUT PATIENT CONSULTATION	50		

3. INTERNAL MEDICINE

OBJECTIVES:

The medical officer intern rotating in the Department of Internal Medicine is required to fill in the log book as part of the requirement for successfully completing the rotation.

	PROCEDURE AND CASES	Number of cases required		
1	LP	5p		
2	Pleural tap	2p		
3	Ascitic Taps	5p		
4	Diabetic foot care	3p		
5	Observe a post-mortem	4p		
6	Resuscitation (5p)	5p		
7	IV cannulation 20	20p		
8	NGT	5p		
9	Urinary catheter	10p		
10	DKA	3p		
11	AKI	2p		
12	HF	P		
13	Nephrotic sd	2		
14	Severe malaria	5p		
15	OPD Consultation	50		

Intern evaluation form

CRITERIA	NOTES					
A	Knowledge					
Theoretical	1	2	3	4	5	
Practical	1	2	3	4	5	
B	Clinical skills					
History taking	1	2	3	4	5	
Record keeping	1	2	3	4	5	
Procedural skills	1	2	3	4	5	
Clinical decision making	1	2	3	4	5	
Patient Management	1	2	3	4	5	
C	Communication					
Interpersonal communication & Presentation skills	1	2	3	4	5	
D	Professional attitude					
Respect/Respectful, ethical, compassionate and empathic	1	2	3	4	5	
E	Relationships					
With management authorities, peers and patients	1	2	3	4	5	
F	Ability to give feedback	1	2	3	4	5
Personal attitude						
Behavior, punctuality,	1	2	3	4	5	

	initiative and creativity					
Sub total						
Grand total						
%						

Instructions: Circle the corresponding rate

1. Poor
2. Fair
3. Good
4. Very good
5. Excellent