



Concept note for THET project training programmes

Makerere Palliative Care Unit (MPCU) is the lead technical partner for the THET project led by the UOE and in partnership with APCA to strengthen palliative care delivery in 12 hospitals in 4 countries and over 3 years. MPCU is recognised as a centre of excellence for academic, hospital models of palliative care. It is a leader in education at all levels including undergraduate, postgraduate and in-service training; in addition to clinical placements and research.

Teaching is more than just passing on information. It is also about generating interest and excitement about the subject and leading to changing attitudes and building skills. It is mutual learning with the goal of changing practice. We will support teaching using adult learning principles which assumes participants already have a foundation of knowledge and experience from their previous education, their work and their life experiences. Training approaches will recognise and draw out this knowledge, connecting it to what is being taught. Training will also be offered in a competency based framework with clear outcomes linked to practice development. Different people learn in different ways, so different teaching methods to address the cycle of learning styles will be modeled and applied during the course of the training. MPCU will supply experienced trainers who are familiar with teaching theory, with the training materials used and will work closely with local and national trainers in partnership with the national palliative care associations to deliver the competencies agreed with each local setting.

Introduction to Palliative Care in Rwanda 5 day training supported by Makerere Palliative Care Unit

Overall goal (*project*)

To empower and support hospitals to develop and deliver high quality palliative care in their setting and to reach out to their community hubs

Sites (*project*)

To support the Palliative Care Association of Rwanda and the hospital sites of Rwamagana (Dec 10th to 14th), Kibagabaga and CHUK (Dec 17th to 21st).

Aim (*for this course*)

To deliver a 5 day introductory training in palliative care to a multi disciplinary group of healthcareworkers

Learning objectives

- To introduce participants to principles of palliative care
- To understand the concept of total pain
- To discuss different models of palliative care using local resources
- To improve basic communication skills



- To demonstrate skills in breaking bad news
- To explore bereavement support
- To explore issues in caring for the carer
- To demonstrate skills in pain assessment and management
- To develop skill in the use of oral morphine
- To introduce the principles of pain and symptom control
- To demonstrate skills in symptom assessment and management
- To understand issues involved in spiritual care and support
- To develop skills in end of life care
- To understand the needs and support of children in a palliative care setting
- To explore ways of supporting families and carers
- To improve understanding of good team work
- To improve palliative care advocacy skills
- To encourage participants to implement what they have learnt on the course

Core materials

These will include the palliative care Toolkit, Training manual, MPCU symptom control guidelines and APCA pocket books

Persons responsible

PCAR will be responsible for the local facilitation and logistics and for agreeing local faculty the individual hospitals will be involved in selecting the participants and the Makerere/ Mulago Palliative care Unit for the external faculty and educational advice

Evaluation

The training will be evaluated using the pre and post competency assessment and knowledge based MCQ in addition to the Most Significant Change tool used throughout the project.

External faculty (MPCU)

1. Mwazi Batuli
2. Elizabeth Nabirye